Women@SCS Speaking Skills Workshop

Ways to Practice Speaking Skills:

- Give a practice presentation to your friends who know about the topic
- Give a practice presentation to your friends who don't know about the topic
- Practice talking about your topic with your mother/ father/ sibling/ grandparent/ etc.
- Sign up to do a CS roadshow!
- Sign up to help with TechNights!
- Give a presentation in the mirror. Take it seriously, record yourself, and listen to/watch it. *(Painful, but very helpful!)*

Self-assessment:

Work on self-assessment – *could be included in future discussion with your sister:*

- What do you find most difficult or intimidating about public speaking?
- What is one speaking "bad habit" you would like to work on? (distracting gestures, saying "um", upspeak, not making eye contact, etc)
- How could you work on this? (One idea is to appoint a good friend to watch for this habit in everyday interactions and in practice talks, and to relentlessly, relentlessly, call you on it.)
- What is one simple thing you could do to greatly improve your public speaking?